



Company Name

# FORMAL PATIENT NOTIFICATION OF DISCHARGE

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Date: \_\_\_\_\_ Time: \_\_\_\_\_

Patient: \_\_\_\_\_ ID#: \_\_\_\_\_

Your discharge from our service is planned for (Date) \_\_\_\_\_

Reason for discharge \_\_\_\_\_

## GENERAL DISCHARGE INSTRUCTIONS

- Continue to follow \_\_\_\_\_ diet instructions you received.
- Take only medications prescribed by your doctor. Follow your written medication schedule.
- Discard all outdated medications.
- Keep doctor's name and phone number and your address clearly printed next to your phone or on your refrigerator.
- Keep names and numbers of individuals to be contacted in case of emergency next to your phone or on your refrigerator.
- Call 911 in the event of an emergency.
- Remember to plan on routine medical check-ups. Next doctor's visit is \_\_\_\_\_

### Instruction for continued care / needs:

- Contact your doctor for a follow-up appointment
- Contact your doctor for any signs of symptoms of a change in your condition
- Continue as taught** (until your physician changes the plan or instructs otherwise):
  - Medications (see medicine schedule)
  - Diet: \_\_\_\_\_
  - Treatments
  - Exercises
  - Procedures
  - Activities permitted
- Contact your equipment company for:**
  - Problems or questions about equipment
  - Pick up of equipment that is not needed
  - Additional supplies (ie: test strips, \_\_\_\_\_ etc.)
- Referrals made by the Social Worker for your community needs are listed on the Social Services Information Checklist (telephone numbers provided are for follow-up questions).
- Needles, syringes and finger-stick sharps are to be placed directly into a no-clear, puncture resistant, plastic container with a screw-type lid. When the container is full, tap the lid securely and place the container in the center of your regular garbage for pick-up.

Other special instructions: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If we can be of service to you in the future, or should you need further explanation, please feel free to contact us at \_\_\_\_\_.

I, \_\_\_\_\_  
Signature of Patient

acknowledge and understand the above instructions and discontinuation of services.

\_\_\_\_\_  
Nurse/Therapist Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date